



## **HARMONY FAMILY CENTER: THE BARN EQUINE-ASSISTED THERAPY PROGRAM**

**Spring Semester 2020**

### **Semester Details**

- Spring semester: March 1<sup>st</sup> – May 8<sup>th</sup>
- Sessions offered on Tuesdays & Thursdays at Harmony Family Center at Montvale
- Sessions offered on a bi-weekly basis for 90 minutes or a weekly basis for 60 minutes
- One make-up session is allowed per semester. The make-up session will be held at the client's regularly scheduled time May 11<sup>th</sup> – May 22<sup>nd</sup>
- Fee Schedule:
  - Sixty-minute equine-assisted psychotherapy sessions - \$1,000/semester (includes pre/post assessment and treatment planning utilizing the NMT)
  - Ninety-minute equine-assisted psychotherapy sessions - \$750/semester (includes pre/post assessment and treatment planning utilizing the NMT)
  - \*\*No cost for clients eligible for or currently enrolled in HFC Adoption Support and Preservation Program\*\***
  - Fifty percent of semester fees must be paid prior to the first session and the remaining fifty percent must be paid by the mid-point of the semester (March 30<sup>th</sup>). Payment arrangements can be set up through the Harmony Family Center office by calling (865) 982-5225.
- EAP can include a variety of mounted and unmounted activities. Due to safety considerations for staff, participants, and volunteers, we may not be able to accept a participant into a riding program who weighs over 215 pounds. If clients are over the weight limit, their treatment plan will include unmounted activities only.

If you are interested in enrolling for the spring semester, please complete the attached application and email to [laurenk@harmonyfamilycenter.org](mailto:laurenk@harmonyfamilycenter.org) or drop off in person at Harmony Family Center, 118 Mabry Hood Road, Suite 400, Knoxville, TN 37922. Once your application is reviewed, you will be contacted by a member of The Barn staff. Session scheduling will occur on a rolling, first-come first-served basis.

If you have any questions, please contact the Animal-Assisted Therapy Program Coordinator.

Lauren Kiningham

Animal-Assisted Therapy Program Coordinator

[laurenk@harmonyfamilycenter.org](mailto:laurenk@harmonyfamilycenter.org)

865.363.8557

*Harmony Family Center*