

presented by
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Monday, December 7 8-9:30 pm EST FREE

Sadly, suicide is on the rise across all age groups and races in our country. Talking about suicide is hard, and it's even harder to think about having to do this with your own child. Research and practice show that opening up lines of communication between parents and children can help reduce the likelihood that a child will attempt suicide.

- Warning Signs
- Practical Tips to Plan the Conversation
- What to Say and What Not to Say

- How to Build Supports for Your Child
- What to do in a Crisis

## REGISTRATION OPEN

https://www.harmonyfamilycenter.org/training-calendar-registration